

Travel Advisory – Middle East (10 March 2026)

Date: 10 March 2026

Areas of Concern: Middle East

Overall Risk Level: HIGH

Key Developments (last 24 – 48 hours)

- Iranian missile and drone launch activity appears to have declined compared with earlier phases of the conflict. Regional authorities reported fewer launches over the past 24 hours, though several Gulf states continue to report aerial threats with air defence systems intercepting incoming missiles and drones.
- U.S. military operations intensify. U.S. defence officials indicated that strikes against Iranian targets are continuing and may reach their most intense phase as operations expand against Iranian military infrastructure.
- U.S. political messaging signals potential end to the conflict. U.S. President Donald Trump stated that the war with Iran may end soon and described the military campaign as “very complete, pretty much,” while warning that the United States will escalate further if Iran disrupts oil shipments through the Strait of Hormuz.
- Infrastructure security concerns persist. Authorities across several Gulf states continue to increase security around energy facilities, water infrastructure and transport hubs following recent attacks on infrastructure in Bahrain.
- Iranian leadership transition continues to shape the conflict environment. Mojtaba Khamenei has assumed the role of Supreme Leader following the death of Ali Khamenei earlier in the conflict. Iranian authorities have indicated continuity in Iran’s strategic posture following the leadership transition.
- Regional tensions remain high. Continued military exchanges between Iranian forces, allied groups, and opposing forces maintain a heightened security environment across the Middle East.

Movement Status

Airspace Restriction

Airspace across parts of the Middle East remains restricted or subject to rapid closure due to ongoing military activity. Several international airlines continue to suspend or limit flights to destinations across the Gulf and Israel because of operational and security risks.

Regional aviation hubs are operating under contingency procedures and flight schedules may change with little notice.

Oman

- Muscat International Airport (MCT) – Operational and experiencing increased traffic as governments organise repatriation and evacuation flights.

- Salalah Airport (SLL) – Operational though regional disruption may affect connections.
- Sohar International Airport (OHS) – Operational though regional disruption may affect connections.

United Arab Emirates

- Dubai International Airport (DXB) – Operating following earlier disruptions; flight schedules remain limited and subject to change.
- Al Maktoum International Airport (DWC) – Supporting cargo and limited passenger operations.
- Zayed International Airport (AUH) – Operating with reduced services following recent regional security alerts.
- Other UAE airports – Operational but subject to regional aviation disruption.

Israel

- Ben Gurion Airport (TLV) – Limited flight operations have resumed, including authorised and repatriation flights.

Saudi Arabia

- Major airports remain operational, though regional airspace restrictions and security developments may cause delays, cancellations, or rerouting at short notice.

Airports with Significant Disruption

- Hamad International Airport (Qatar) – Aviation operations continue to experience disruption due to the regional security situation.
- Kuwait International Airport – Flights remain subject to disruption following recent security incidents affecting infrastructure near the airport.
- Bahrain International Airport – Aviation operations may be affected by the wider regional security environment and recent infrastructure attacks in the country.
- Airports in Iran, including Imam Khomeini International Airport and Mehrabad International Airport – Civil aviation operations remain heavily restricted due to the conflict.

Local Transport Conditions

Most major cities across the region remain operational, though travellers may encounter:

- Increased police and military checkpoints
- Temporary Road closures near government or military facilities
- Additional security screening near airports and strategic infrastructure

Consular Contacts – Five Eye Countries

Travellers are advised to register with their embassy

Australia – The Australian Consular Emergency Centre (CEC) provides 24/7 emergency assistance to Australians overseas (+61 2 6261 3305)

Canada – The Global Affairs Canada Emergency Watch and Response Centre provides 24/7 emergency consular assistance to Canadians abroad (+1 613 996 8885), WhatsApp/Signal (+1 613 909 8881/8087), email sos@international.gc.ca

New Zealand – Consular Emergency Line (+64 99 20 20 20)

United Kingdom - Provides 24/7 global support to British citizens abroad (+44 20 7008 5000)

24 hr Global Contact: +44 207 754 3555
info@msrisk.com

United States – Provides 24/7 consular assistance to Americans abroad (+1 202 501 4444)

Government Repatriation/Evacuation Flights

Governments are in the process of organizing evacuation assistance for their nationals across the Middle East however due to ongoing disruptions to flight and airport operations in the region, some flights have been delayed.

Guidance for Travellers Currently in Middle East

Best advice is to:

- Shelter in place
- Register with your embassy or consulate as soon as possible
- Follow official instructions of local authorities and your embassy
- Report any security or safety concerns through appropriate official channels
- Rely on trusted news sources for accurate and timely updates
- Conduct regular communication checks with your group and key contacts
- Keep all communication devices fully charged, including spare batteries and power banks
- Stay away from windows and keep curtains or drapes closed as a precaution

In the event of a missile or drone alert:

- Immediately
 - Go indoors
 - Move away from windows
 - Use reinforced structures or basements
- Recommended shelter locations
 - Underground parking
 - Basement levels
 - Interior stairwells
 - Designated shelters
- Remain sheltered – Stay inside 10 – 15 minutes after final explosion or alert

In the event of immediate evacuation

- Ensure that you are able to move at short notice with minimal baggage
- Keep important documents and essential medications accessible
- Follow official instructions with authorities promptly

Accountability & Documentation

Prepare and maintain a nominal roll of all individuals in your party, including

- Full name (as per passport)
- Passport details
- Date of birth (DOB)
- Medical conditions and required medications
- Any special considerations

Also record next-of-kin details to ensure timely updates can be provided if required

Remain flexible and prepared to adapt to conditions as they evolve.